



Phys. Ed.

NEWSLETTER



Upcoming

Mid-Year Physical
Agility Testing
begins!

Practice those
push-ups and sit-
ups!!!

FEBRUARY

OUR LEARNING



focus...

REMEMBER!

While we're training our
bodies to be healthy, we're
also learning to be good
teammates. Learn to accept
each one of your classmates
for who they are

Reminder Water!

You need to hydrate,
so PLEASE
remember to bring
your water to the
gymnasium

Schedule

Monday - 6, 5, 7, 2, 8, 4
Tuesday - 5, 6, 7, 8, PK
Wednesday - 4, 1, K, 3
Thursday - NO Phys. Ed.
Friday - NO Phys. Ed.



CONTACT INFO



Mr. Klein



matthew.klein@kingstoncatholic.org



845-331-9318